

Firefighter Combat/Air Management Course:

1. **Don SCBA:** Don SCBA in 60 seconds or less
2. **Stair Climb/Hose Carry:** Carry hose bundle up 4 flights of stairs.
3. **Equipment Hoist:** Hoist a hose roll up to the 4th story using a rope.
4. **Forcible Entry:** Strike a large tire with a sledgehammer (full swings) 10 times.
5. **Pull Ceiling:** Lift a 15lb Clubbell overhead 5 times per side using the "Pike Press" technique.
6. **Advance Charged Hose Line:** Advance charged 1 $\frac{3}{4}$ hose line 100'.
7. **Victim Rescue:** Drag a rescue dummy 50'.

Record number of circuits completed before SCBA bottle runs out of air.

Record time it took for firefighter to run out of air while completing this course.