

International Association of Firefighters Local #

Physical Fitness Monetary Incentive Program

The Fire Department Health and Wellness Committee shall be responsible for developing and maintaining the standards and criteria for the physical fitness monetary incentive program. Participating employees shall be evaluated to this standard. Employees are encouraged, but not required, to participate in the physical fitness assessment conducted by qualified fitness specialists, and shall be given the opportunity on duty to perform the test. Employees may participate off duty if they choose to do so. Those employees who meet the standard during the Fall and Spring fitness assessment shall receive up to \$200 as a health maintenance incentive. Payment shall be made in December of the year the incentive payment is earned. Employees who smoke are not eligible for the monetary incentive program.